

Vacation Care Menu Week 1 (28.9.26 – 2.10.26)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING TEA	Cheese, dried fruit and rice crackers + fruit and veggies 	Cheese, dried fruit and rice crackers + fruit and veggies 	Cheese, dried fruit and rice crackers + fruit and veggies 	Cheese, dried fruit and rice crackers + fruit and veggies 	Cheese, dried fruit and rice crackers + fruit and veggies 
LUNCH	Ham and chicken salad wraps + fruit and veggies 	Mini pizza, yoghurt bowl and smoothie + fruit and veggies 	Chicken tacos + fruit and veggies 	Meatballs and potato wedges + fruit and veggies 	Lasagne + fruit and veggies 
AFTERNOON TEA	Cheese puff twists + fruit and veggies 	Napolitana penne pasta + fruit and veggies 	Yoghurt, muesli and berries + fruit and veggies 	Veggie nachos + fruit and veggies 	Ham and cheese toasties + fruit and veggies 
LATE SNACK	Arrowroot biscuits/ rice crackers	Arrowroot biscuits/ rice crackers	Arrowroot biscuits/ rice crackers	Arrowroot biscuits/ rice crackers	Arrowroot biscuits/ rice crackers

Vacation Care Menu Week 2 and 3 (6.10.26 – 12.10.26)

Week 2 - 3	Monday	Tuesday	Wednesday	Thursday	Friday	Monday
MORNING TEA	Centre Closure	Cheese, dried fruit and rice crackers + fruit and veggies 	Cheese, dried fruit and rice crackers + fruit and veggies 	Cheese, dried fruit and rice crackers + fruit and veggies 	Cheese, dried fruit and rice crackers + fruit and veggies 	Cheese, dried fruit and rice crackers + fruit and veggies 
LUNCH		Mini pizzas + fruit and veggies 	Beef tacos + fruit and veggies 	Crumbed fish fillet with fries + fruit and veggies 	Butter chicken + fruit and veggies 	Sausage sizzle + fruit and veggies 
AFTERNOON TEA		Dumplings + fruit and veggies 	Assorted sandwiches + fruit and veggies 	Pesto pasta + fruit and veggies 	Yoghurt, muesli and berries + fruit and veggies 	Spring rolls + fruit and veggies 
LATE SNACK		Arrowroot biscuits/ rice crackers	Arrowroot biscuits/ rice crackers	Arrowroot biscuits/ rice crackers	Arrowroot biscuits/ rice crackers	Arrowroot biscuits/ rice crackers