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Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING TEA	Cheese, dried fruit and rice crackers + fruit and veggies 	Cheese, dried fruit and rice crackers + fruit and veggies 	Cheese, dried fruit and rice crackers + fruit and veggies 	Cheese, dried fruit and rice crackers + fruit and veggies 	Cheese, dried fruit and rice crackers + fruit and veggies 
LUNCH	Ham and chicken salad wraps + fruit and veggies 	Beef tacos + fruit and veggies 	Butter chicken + fruit and veggies 	Meatballs and potato wedges + fruit and veggies 	Lasagne + fruit and veggies 
AFTERNOON TEA	Pikelets with spreads + fruit and veggies 	Rice cakes with ham and cheese + fruit and veggies 	Banana bread + fruit and veggies 	Yoghurt, muesli and berries + fruit and veggies 	Ham and cheese toasties + fruit and veggies 
LATE SNACK	Arrowroot biscuits/ rice crackers	Arrowroot biscuits/ rice crackers	Arrowroot biscuits/ rice crackers	Arrowroot biscuits/ rice crackers	Arrowroot biscuits/ rice crackers

Vacation Care Menu Week 2 and 3 (13.7.26 – 20.7.26)

Week 2 - 3	Monday	Tuesday	Wednesday	Thursday	Friday	Monday
MORNING TEA	Cheese, dried fruit and rice crackers + fruit and veggies 	Cheese, dried fruit and rice crackers + fruit and veggies 	Cheese, dried fruit and rice crackers + fruit and veggies 	Cheese, dried fruit and rice crackers + fruit and veggies 	Cheese, dried fruit and rice crackers + fruit and veggies 	Cheese, dried fruit and rice crackers + fruit and veggies 
LUNCH	Assorted sandwiches + fruit and veggies 	Mini pizzas + fruit and veggies 	Spaghetti and Crostoli + fruit and veggies 	Crumbed fish fillet with fries + fruit and veggies 	Chicken tacos + fruit and veggies 	Sausage sizzle + fruit and veggies 
AFTERNOON TEA	Yoghurt, muesli and berries + fruit and veggies 	Garlic bread + fruit and veggies 	Rice cakes with ham and cheese + fruit and veggies 	Veggie nachos + fruit and veggies 	Banana bread + fruit and veggies 	Spring rolls + fruit and veggies 
LATE SNACK	Arrowroot biscuits/ rice crackers	Arrowroot biscuits/ rice crackers	Arrowroot biscuits/ rice crackers	Arrowroot biscuits/ rice crackers	Arrowroot biscuits/ rice crackers	Arrowroot biscuits/ rice crackers